

# *First Semester*

## I. BLESSED TRINITY

- |    |  |   |
|----|--|---|
| A. | CENTRAL MYSTERY OF OUR FAITH   | (232, 234, 257, 261, 266,<br>1061-65, 2157) |
|    | 1. Sign of the Cross   |   |
|    | 2. Glory be to the Father  |   |
| B. | ONE GOD IN THREE PERSONS   | (233, 252-55)                               |
|    | 1. God the Father - the First Person of the Trinity                        | (238-40)                                    |
|    | a. Creator of all  | (299)                                       |
|    | 1) Story of Creation   | Gen. 1:1-13                                 |
|    | 2) Creation of man and woman   | Gen. 2:4-24                                 |
|    | b. God reveals Himself to us - Revelation.                                 | Heb. 1:1-4, (50, 52)                        |
|    | c. Father of Jesus -<br>Jesus reveals what God is like.                    | Jn. 1:18, Jn. 17:25-26<br>(242, 458)        |
|    | d. Father of us all - all life comes from God                              |   |
|    | 2. God the Son - the Second Person of the Trinity                          | (262, 663)                                  |
|    | a. Incarnation - Son of God and Son of Mary                                | (525-26, 563)                               |
|    | 1) The Nativity  | Lk. 2:1-20                                  |
|    | 2) Presentation in the Temple  | Lk. 2:22-32                                 |
|    | 3) Finding in the Temple -<br>Child Jesus' obedience to Mary<br>and Joseph | Lk. 2:41-52                                 |

## b. Teaches us to love and forgive

- |                       |              |
|-----------------------|--------------|
| 1) The Good Samaritan | Lk. 10:25-26 |
| 2) The Prodigal Son   | Lk. 15:11-24 |
| 3) The Good Shepherd  | Jn. 10:1-21  |

## c. Promises to remain with us always

- |                                     |                |
|-------------------------------------|----------------|
| 1) Jesus' Presence in the Eucharist | 1 Cor.11:23-27 |
| 2) Jesus is with us always.         | Mt. 28:20      |

## 3. God the Holy Spirit -

## the Third Person of the Trinity

(243-46, 263, 685-86)

## a. Helper

- |   |              |
|---|--------------|
| 1) The Holy Spirit guides us.           | Jn. 14:26-27 |
| 2) The Holy Spirit helps us to be holy. | Jn. 14:14-21 |

## b. Dwells within us

- |  |   |
|--|---|
| 1) Ascension accounts                      | Mt. 28:16-20<br>Mk. 16:19-20<br>Lk. 24:50-53<br>Acts 1:6-12 |
| 2) Pentecost / Descent of the Holy Spirit  | Acts 2:1-41   |
| 3) The Spirit of God makes his home in us. | Rom. 8:14-17  |
| 4) Temple of the Holy Spirit               | 1 Cor. 6:19-20  |

**II. SACRAMENTS**

A. INSTITUTED BY CHRIST (1115-16, 1210)

B. THERE ARE SEVEN SACRAMENTS

## 1. Sacraments of Christian Initiation

- a. Baptism (1212-16, 1226-28, 1253, 1257, 1275)
- 1) Bible References to Baptism
    - a) Jesus is baptized Mt. 3:13-17  
Mk. 1:9-11  
Lk. 3:1-10
    - b) Mission to the world. Mt. 28:16-19
    - c) Disciples baptized by the Holy Spirit  
Acts 1:5  
Acts 11:11-18
  - 2) Effects of Baptism (1213)
    - a) Forgives original sin and all sin (977, 1262-63)
    - b) We are born again as children of God (1265)
    - c) We become temples of the Holy Spirit (1265)
  - 3) Indelible *spiritual mark* (character) (1272)
  - 4) Initiation into the Church (1229-33, 1271)
  - 5) Gives grace (1996-97, 2003)
  - 6) Celebrating the Sacrament
    - a) Parts of the Rite
      - (1) Profession of Faith - Baptismal Promises
      - (2) Words of the minister (1240)
 

“*Name*, I baptize you in the name of the Father, and of the Son, and of the Holy Spirit.”
      - (3) Symbols

Water	(1238)
Oils (Oil of Catechumens and Chrism)	(695, 1237)
Sign of the Cross	
White Garment	(1243)
Candle	(697)
b) Ministers	(1256)
(1) Ordinary Minister - Bishop, priest, deacon	
(2) Case of necessity - Any person who has the right intention	
b. Confirmation	Acts 2:1-4, (1285-96)
1) Effect of Confirmation is the full outpouring of the Holy Spirit	(1302)
2) Indelible <i>spiritual mark</i> (character)	(1304-05)
3) Signs	
a) Anointing	(1293-94)
b) Chrism	(1297-99)
4) Ordinary Minister - Bishop	(1312)
c. Eucharist	(1113,1210-11, 1322-24, 1395)
1) Names	(1328-32)
a) Holy Eucharist - Thanksgiving	

- b) Holy Communion - Body and Blood of Christ (1331)
  - c) Blessed Sacrament (1330)
  - d) The Mass (1332)
  - e) The Lord's Supper (1329)
- 2) Stories of the Last Supper - the First Eucharist
- Mt. 26:25-29  
Mk. 14:22-25  
Lk. 22:14-20  
Jn. 6:32-58; 13:1-16  
Acts 2:42-47  
1 Cor. 10:16-18;11:23-27
- 3) Celebrating the Sacrament
- a) Mass - a share in Jesus' Last Supper
  - b) Consecration of bread and wine at Mass - the Holy Spirit, through the action of the priest, changes bread and wine into the Body and Blood of Christ. (1353)
- 4) Real Presence of Jesus in the Eucharist (1379-80)
- a) The Blessed Sacrament which is not consumed at Mass is reserved in the tabernacle.
    - (1) Sanctuary Lamp
    - (2) Genuflection
  - b) Adoration (1378)
    - (1) Monstrance
    - (2) Incense
  - c) Benediction - highlights presence of Christ in the Eucharist (Holy Communion and the Worship of the Eucharist Outside of Mass)

- (1) Readings from the word of God
- (2) Hymns
- (3) Prayers
- (4) Time for silent adoration
- (5) Blessing of the people with the sacred host

2. Sacraments of Healing (1420-21)

a. Penance and Reconciliation

1) Names (1423-24)

- a) Penance
- b) Reconciliation
- c) Confession

2) Bible Stories of Forgiveness

- a) Peter Jn. 21:15-19
- b) The Good Thief Lk. 33:39-43
- c) Zacchaeus Lk. 19:1-10
- d) Pardon of the Sinful Woman Lk. 7:36-50
- e) Refer to stories on *p. 2 #2b*

3) Sin and Forgiveness

a) Forgiveness of sin

- (1) Sin (1440, 1472, 1849-51, 1865-69)
  - (a) Mortal sin (1855-61)
  - (b) Venial sin (1855, 1862-64)

- |  |                       |
|--|-----------------------|
| (2) Mercy and sin  | (1422, 1846-48)       |
| (3) Only God can<br>forgive sin  | (1441-42)             |
| (4) Reconciliation   | (1443-45, 1473)       |
| b) Contrition for sin  | (1451-52, 1493)       |
| b. Anointing of the Sick   | (1503, 1511)          |
| 1) Anointing with oil of someone who<br>is very sick or in danger of dying.<br>The Church prays for healing and<br>strength for this person. |                       |
| 2) A person can receive this sacrament<br>more than one time.  |                       |
| 3. Sacraments at the Service of Communion  | (1533-35)             |
| a. Matrimony   | (1601, 1604, 1625-27) |
| 1) A man and woman promise each other<br>before God and the Church to love<br>and honor each other for the rest<br>of their lives.           |                       |
| 2) In this sacrament God gives the man<br>and the woman the grace to make<br>lifelong promises.  |                       |
| b. Holy Orders   | (1536, 1582)          |
| 1) In this sacrament a bishop ordains<br>a man a deacon or a priest.   |                       |
| 2) This sacrament, like Baptism and<br>Confirmation, confers an indelible<br><i>spiritual mark</i> (character).                              |                       |

### III. PRAYERS

#### A. TRADITIONAL

1. Sign of the Cross (2157)
2. Our Father Mt. 6:7-15, (2759, 2773)
3. Hail Mary Lk. 1:26-38
4. Doxology (Glory be...)
5. Act of Sorrow (Act of Contrition)
6. Grace before Meals (2698)
7. Grace after Meals (2698)
8. Morning Offering (2698)
9. Acts of Faith, Hope and Love
10. Rosary
11. Angel of God

B. SPONTANEOUS

- Encourage students to be familiar and comfortable with these types of prayer: (2643-44)
1. Prayer of petition (2629, 2647)
  2. Prayer of thanks (2637-38, 2648)
  3. Prayer asking for forgiveness (2631)
  4. Prayer of praise (2639, 2649)
  5. Aspirations
    - a) Short prayer invoking the name or title of a saint
    - b) Common response: pray for us.
    - c) Example: St. Joseph the Worker, pray for us.

## IV. MARY (954, 971, 1172)

### A. TITLES OF MARY

1. Mother of God Lk. 1:26-28

2. Our Mother and Model Lk. 1:46-56

### B. DAYS IN HONOR OF OUR LADY

September 8 Feast of the Birth of Mary

October 7 Memorial of Our Lady of the Rosary

November 19 Our Lady of Divine Providence

December 8 Solemnity of the Immaculate Conception

December 12 Feast of Our Lady of Guadalupe

January 1 Solemnity of Mary, the Mother of God

### C. THE ROSARY (516, 2708)

1. Prayer to Our Lady

2. How to pray the Rosary

## V. LITURGICAL YEAR (1168-73)

### A. SUNDAY (2177)

The Lord's day is the day on which we celebrate Jesus' Resurrection. We go to Mass on this special day. It is the heart of the Church's life.

### B. ORDINARY TIME: liturgical color is green: hope, growth, life

C. ADVENT (524, 1095)

1. Liturgical color is purple: preparation, sorrow for sin
2. Period of four weeks of preparation for the birth of Jesus, Christmas
3. Advent symbols
  - a. Jesse Tree - recalls how people since Adam and Eve have awaited the birth of Jesus
  - b. Advent Wreath
    - 1) The circle of greens reminds us that God has no beginning and has no end.
    - 2) There are four candles - three purple and one pink
    - 3) One candle is lit each week.

D. CHRISTMAS (525-30, 563)

1. Liturgical color is white: joy, glory, innocence
2. Story of Jesus' Birth Mt. 1:18 - 2:23

E. SAINTS, FEASTS, AND SPECIAL PEOPLE

Special days to honor saints are ranked and celebrated in different degrees.

*Solemnity:* liturgies celebrating events, beliefs, and personages of principal importance and universal significance in salvation history

*Feast:* liturgies of major importance

*Memorial:* liturgies celebrating minor events in the life of the Blessed Virgin Mary and of saints significant to a local country, church or religious community

September 27 10 Memorial of St. Vincent de Paul, Priest

September	29	Feast of Saints Michael, Gabriel, Raphael: Archangels
October	1	Memorial of St. Theresa of the Child Jesus (St. Therese, the Little Flower)
October	4	Memorial of St. Francis of Assisi
October	18	Feast of St. Luke, Evangelist
November	1	Solemnity of All Saints
November	2	All Souls Day
November	3	St. Martin de Porres, Religious
November	13	Memorial of St. Frances Xavier Cabrini, Virgin
December	6	St. Nicholas, Bishop
December	13	Memorial of St. Lucy, Virgin and Martyr
January	4	Memorial of St. Elizabeth Ann Seton, Religious
January	5	Feast of St. John Neumann, Bishop

## VI. SACRAMENTALS

(1667-79)

### A. HOLY ACTIONS

1. Blessings
2. Sign of the Cross

(2157)

### B. HOLY OBJECTS

1. Blessed Candles
2. Crucifixes
3. Holy Water
4. Holy Oils (Oil of Catechumens and Chrism)

5. Rosary
6. Blessed Medals

## VII. SOCIAL JUSTICE

*"The commitment to human life and dignity, to human rights and solidarity, is a calling all Catholic educators must share with their students. It is not a vocation for a few religion teachers, but a challenge for every Catholic educator and catechist."*

**Sharing Catholic Social Teaching Challenges and Directions**, USCC, 1998, p. 7

### ***Major Themes:***

#### **The Life and Dignity of the Human Person**

#### **Call to Family, Community and Participation**

#### **Rights and Responsibilities of the Human Person**

#### **Option for the Poor and Vulnerable**

- A. MISSION AWARENESS: generosity to those less fortunate
  1. Participate in parish and/or school collections:  
Food, clothing, toys, etc.
  2. Connect with Archdiocesan Social Service Agencies
- B. FORGIVENESS: importance of asking for forgiveness of those we have hurt
  1. Encourage students to ask for forgiveness
  2. Encourage students to forgive others

For further ideas **see From the Ground Up: Teaching Catholic Social Principles in Elementary Schools**, NCEA, 1999.

# *Second Semester*

## I. THE MASS: LITURGY OF THE WORD (1346, 1349)

Every Mass is an action of Jesus Christ in which he gives us himself. Jesus Christ presides at every Mass through the bishop / priest who represents him.

### A. INTRODUCTORY RITES (Refer to a Sacramentary or Missalette)

#### 1. Entrance Procession (1348)

a. Hymn (1156-58, 1191)

b. Antiphon

#### 2. Sign of the Cross

#### 3. Greeting

*Priest:* The Lord be with you.

*Response:* And also with you.

#### 4. Penitential Rite: Options

a. Form A - Confiteor (I confess...)

b. Form B

*Priest:* Lord, have mercy.      *Response:* Lord, have mercy.

*Priest:* Christ, have mercy.      *Response:* Christ, have mercy.

*Priest:* Lord, have mercy.      *Response:* Lord, have mercy.

#### 5. Gloria

#### 6. Opening Prayer

## B. LITURGY OF THE WORD (1349)

Is. 40:8, Mt. 7:24-27;  
Mt. 13:4-23, Jn. 5:24,  
Jn. 6:68, Jn. 8:47,  
Acts 2:42-47

1. First Reading - Old Testament (except in the Easter Season)

*Lector:* The Word of the Lord.

*Response:* Thanks be to God.

2. Responsorial Psalm

3. Second Reading - New Testament / Epistles

4. Gospel Acclamation (“Alleluia” except during Lent)

5. Gospel

*Priest/Deacon:* The Gospel of the Lord.

*Response:* Praise to you, Lord Jesus Christ.

6. Homily

7. Profession of Faith

8. General Intercessions

(An example)

*Lector:* ... Let us pray to the Lord.

*Response:* Lord, hear our prayer.

**II. THE MASS: LITURGY OF THE EUCHARIST**

(1341-43)

A. PREPARATION OF THE ALTAR and  
PRESENTATION OF THE GIFTS

Mt.2:24,Mk.11:25  
Lk. 11:9-13,  
Acts 2:42-47,  
(1350, 1357)

B. EUCHARISTIC PRAYER RESPONSES

(1352-54)

1. Holy, Holy

2. Memorial Acclamation

3. Great Amen

4. Lamb of God

C. COMMUNION RITE

1. The Lord's Prayer (1355)

2. Sign of Peace

*Priest:* Peace be with you.

*Response:* And also with you.

*Priest:* Let us offer each other some sign of peace.

3. Reception of Communion (1244, 1387-88)

Those receiving Communion are to observe  
“the time of the eucharistic fast,” that is, they  
are to fast from solid food and drink for one hour,  
with the exception of water.

*Minister:* Body of Christ. *Response:* Amen.

*Minister:* Blood of Christ. *Response:* Amen.

D. CONCLUDING RITE

1. Prayer after Communion

2. Blessing and Dismissal

*Priest:* The Mass is ended. Go in peace to love and serve the Lord.

*Response:* Thanks be to God.

### III. TOPICS RELATED TO MASS

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A. ALL CATHOLICS ATTEND MASS (2180, 1389)

## ON SUNDAYS AND HOLYDAYS OF OBLIGATION

## B. PEOPLES' ROLES AT MASS

1. Priest as Celebrant (1142)
2. Lector / Reader
3. Special Ministers of the Eucharist
4. Altar Servers
5. Cantor
6. Assembly
7. Ministers of Hospitality / Greeters / Ushers

## C. VESTMENTS FOR MASS

1. Alb - a long, loose-fitting white garment
2. Stole - a narrow strip of cloth of a liturgical color worn by priest and/or deacon at sacramental celebrations
3. Cincture - a cord used to belt the alb
4. Chasuble - the outer garment of a liturgical color worn by the (main) celebrant of the Eucharistic liturgy

## D. SACRED VESSELS USED AT MASS

1. Chalice - a consecrated cup that holds the wine
2. Paten - a flat plate for the host of the same material as the chalice
3. Ciborium - container for hosts distributed in communion

## E. OTHER OBJECTS RELATED TO THE MASS

1. Altar - a symbol of Christ; a table of solid or suitable material

for the meal of sacrifice, the Eucharist

2. Ambo (pulpit) - place to proclaim the Scriptures
3. Tabernacle - secure place to reserve the Blessed Sacrament
4. Pyx - container for carrying the consecrated host to the sick
5. Lectionary - the book containing the collection of Scripture readings
6. Sacramentary - the celebrant's book containing the Mass prayers
7. Cruets - water and wine containers
8. Altar Candles
9. Linens
  - 1) Altar Cloth - usually a white linen to cover the altar
  - b) Corporal - a square of linen cloth placed upon the altar and upon which the chalice and paten are placed
  - c) Purificator - a piece of linen used to cleanse the chalice
  - d) Finger towel - a piece of cloth the priest uses to dry his hands before the Eucharistic Prayer
10. Cross
11. Sanctuary Lamp - lit candle indicating presence of Jesus Christ in the Tabernacle

#### **IV. MASS AND EUCHARIST**

- |    |                                |           |
|----|--------------------------------|-----------|
| A. | AS A MEMORIAL                  | (1356-58) |
| B. | AS AN ACT OF THANKS AND PRAISE | (1359-61) |
| C. | AS A SACRIFICE                 | (1362-68) |

D. AS A SOURCE OF GRACE (1996-97, 2003)

E. AS A SOURCE AND SIGN OF UNITY Jn. 17:20-21

V. **MARY** (964, 971, 1172)

A. TITLES OF MARY

1. Mother of God Lk. 1:26-38, 46-56

2. Our Mother (966, 968-69)

B. DAYS IN HONOR OF MARY

February 11 Memorial of Our Lady of Lourdes

March 25 Solemnity of the Annunciation

May (variable) Immaculate Heart of Mary  
(Saturday following the Second Sunday after Pentecost)

August 15 Solemnity of the Assumption

C. MAY DEVOTIONS

1. Entire month of May in the Church is dedicated to Mary.  
Traditional color is light blue

2. Special activities

a. Make a shrine in the classroom and/or at home

1) Statue or picture/icon of Mary

2) Rosary

3) Flowers

b. Pray the Rosary

c. Encourage the family Rosary

**I. LITURGICAL YEAR** (1171)

A. LENT (1095)

1. Time of preparation for Easter
2. From Ash Wednesday to the Mass of the Lord's Supper on Holy Thursday
3. Liturgical color is purple for sorrow, repentance

B. HOLY WEEK

1. Palm Sunday: liturgical color is red for blood, zeal, the Holy Spirit Jn. 12:12-19
2. Triduum
  - a. Holy Thursday Mt. 26:26-35,  
Mk. 14:22-31,  
Lk. 22:14-23  
Mass of the Lord's Supper
  - b. Good Friday Mt. 27, Mk. 15, Lk. 23  
Celebration of the Lord's Passion
  - c. Holy Saturday
  - d. Easter  
Sunset of Holy Saturday to sunset of Easter Sunday

C. EASTER SEASON (1168-69)

Sunset of Easter Sunday to sunset of the Solemnity of Pentecost

1. Easter Sunday: liturgical color is white Mt. 28:1-15,

for joy, glory, innocence

Mk. 16:1-8,  
Lk. 24:1-12,  
Jn. 20: 1-10

2. Ascension Thursday: liturgical color is white

Mt. 28:16-20,  
Mk. 16:19-20,  
Lk. 24:50-53,  
Acts 1:6-12

3. Pentecost: liturgical color is red  
for the Holy Spirit

Acts 2:1-4

#### D. OTHER CELEBRATIONS

1. Trinity Sunday: Sunday after Pentecost

2. Corpus Christi: Sunday after Trinity Sunday

E. ORDINARY TIME: Liturgical color is green for hope, growth, life

#### F. SAINTS, FEASTS, AND SPECIAL PEOPLE

March 3 Feast of St. Katharine Drexel, Virgin

March 19 Solemnity of St. Joseph, Husband of Mary

April 7 Memorial of St. John Baptist de la Salle, Priest

May 14 Feast of St. Matthias, Apostle

## VII. PRAYER

### A. TYPES OF PRAYER

(2643-44)

1. Prayer of petition

(2629, 2647)

2. Prayer of thanks

(2637-38, 2648)

3. Prayer asking for forgiveness

(2631)

4. Prayer of praise

(2639, 2649)

- B. TRADITIONAL
  - 1. Prayers of the Mass
  - 2. The *Angelus*
  - 3. The *Stations of the Cross*
  
- C. SPONTANEOUS (See *Appendix on Prayer*)
  - 1. The "Jesus Prayer"
  - 2. Praying in Common (Choral Speech)
  - 3. Song and Gesture
  - 4. Meditation
  - 5. Guided Meditation
  - 6. Shared Prayer

## VIII. SACRAMENTALS

(1677)

- A. BLESSED ASHES
  
- B. BLESSED CANDLES / PASCHAL CANDLE
  
- C. BLESSED CROSS / CRUCIFIX
  
- D. HOLY WATER / BAPTISMAL FONT / HOLY WATER FONT
  
- E. BLESSED PICTURES / ICONS (Religious images)
  
- F. INCENSE

- G. BLESSED MEDALS
- H. HOLY OILS
- I. BLESSED PALMS
- J. ROSARY
- K. SCAPULAR (a devotional article of two small double squares of cloth suspended on strings that can be worn by anyone)
- L. SIGN OF THE CROSS
- M. GENUFLECTION
- N. LAYING ON OF HANDS

## IX. SOCIAL JUSTICE

*"The Church's social teaching is a rich treasure of wisdom about building a just society and living lives of holiness amidst the challenges of modern society.... In this time of widespread violence and diminished respect for human life and dignity in our country and around the world, the Gospel of life and the biblical call to justice need to be proclaimed and shared with new clarity, urgency, and energy."*

**Sharing Catholic Social Teaching Challenges and Directions**, USCC, 1998, p. 4

### ***Major Themes:***

**Dignity of Work and the Rights of Workers**

**Solidarity of the Human Family**

**Care for God's Creation**

#### A. AWARENESS OF THOSE WHO SUFFER IN THE WORLD

1. Participate in Operation Rice Bowl, the Bishop's Relief Fund and/or the Holy Childhood Association (HCA).

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2. Encourage children to be careful and not waste food.

B. AWARENESS OF THE GOSPEL CALL TO BE PEACEMAKERS

1. At home
2. In school
3. In the community

*Catholic tradition insists that we show our respect for the Creator by our stewardship of creation. We are called to protect people and the planet, living our faith in relationship with all of God's creation.*

**Sharing Catholic Social Teaching Challenges and Directions**, USCC, 1998, p. 6